



BEHAVIORAL HEALTH & RECOVERY CENTER

COMPREHENSIVE TREATMENT IN A COMPASSIONATE SETTING



EL CONCILIO
BUILDING STRONGER COMMUNITIES TOGETHER



A WHOLE NEW WAY OF

Finding Hope

EL CONCILIO HAS A WIDE RANGE OF ADVANCED BEHAVIORAL PROGRAMS TO TREAT DEPRESSION, ANXIETY, ABUSE, AND TRAUMA FOR ALL AGES.

No matter if you or someone you love is dealing with issues, our individual, family-based, and group outpatient therapies help adults, teens, children, seniors and families who are struggling to overcome psychological, behavioral and psychiatric problems by offering comprehensive treatment in a compassionate setting.

WE BELIEVE IN UNDERSTANDING AND CARING FOR THE WHOLE PERSON.

Our Center has been providing care and helping those suffering from behavioral health conditions since 1972. Our licensed professionals specialize in adding more life to your years. Our programs emphasize an integrated, multi-disciplinary treatment approach, allowing for comprehensive care for those suffering from a variety of diagnoses.

We are an Access Point, offering bilingual services, where anyone can apply and be accessed for behavioral health and addiction support services. Supported through grants, we serve you or your family's needs regardless of insurance or immigration status.



ADVANCED BEHAVIORAL THERAPY



FOR ADULTS, CHILDREN, ADOLESCENTS AND SENIORS

EL CONCILIO BEHAVIORAL HEALTH & RECOVERY CENTER STAFF AND THE LATINO BEHAVIORAL HEALTH & RECOVERY PROGRAM.

Our highly trained staff of licensed clinicians, counselors, coaches, case managers, and peer partners are supervised by a licensed therapist; and are available around the clock to help patients.

But more important than our vast experience is our capacity to compassionately care for you and your family.

BEHAVIORAL EVALUATION AND ASSESSMENT.

We are dedicated to meeting the mental health needs of our community. That's just one of the reasons why we provide behavioral evaluations to anyone in need, free of charge.

We provide behavioral evaluations to help identify an individual's needs. After an evaluation, you may be connected to one of our individual or group therapies, or given a referral to appropriate community resources.

For a free behavioral evaluation and assessment, information about our outpatient programs, or group presentations, please call (209) 444-8910.



ADULT BEHAVIORAL HEALTH SERVICES.

With therapies designed for mild, moderate and severe cases, this program focuses on crisis management and prevention for people with bipolar disorder, schizophrenia, suicidal tendencies, or other emotional, psychological, or behavioral problems, while we also connect them to primary care physicians.



Designed around a stages of life approach for various age groups, clients learn to recognize stressors and develop healthy coping mechanisms. After graduation from the program, patients are encouraged to check in periodically with us, or return as needed to stabilize a crisis situation.



CHILDREN'S BEHAVIORAL HEALTH SERVICES (AGES 0-5 AND 6-12).

The children's program serves those, ages 0-12, with emotional, psychological, or behavioral problems. We emphasize personalized care based on behavioral observation and prior history. Family participation in treatment is actively encouraged.



Commonly treated conditions include:

Depression	Oppositional defiant disorder
Anxiety	Panic Attacks
Bipolar Disorder	Psychosis
ADHD	Anger Issues

Family Involvement.



You and your family are an integral part of your child's healing team. We encourage you to keep in touch with your child's clinician, social worker, and counselors. Be sure to ask staff to answer any questions you have about your child's care.



ADOLESCENT BEHAVIORAL HEALTH PROGRAMS (AGES 12-18).

We offer several behavioral health programs for teens with multiple levels of care with the goal of helping teens identify and resolve the issues that are keeping them from thriving, being happy, and functioning within their families and community.

Our highly trained behavioral professionals evaluate, diagnose and treat teens for a wide variety of conditions, including:

Mood Swings & Anger	Suicidal & Self-Harm
Stress and Anxiety	Depression & Bipolar Disorder
Eating Disorders	Transgender & Sexuality Issues
Trauma/Grief/Bullying	Psychosis & Unusual Perceptions
Drug and Alcohol Use	Obsessive Thinking/Compulsions



SENIOR BEHAVIORAL HEALTH PROGRAMS (AGES 60 AND OLDER).

We understand the aging process, its challenges and joys and offer a range of services and programs to help diagnose, maintain, treat or restore psychological health. Whatever the origin, our programs are tailored to help improve day-to-day functioning, quality of life, well-being and happiness.

Some signs that a senior could benefit from a medical evaluation and potential treatment include:

Depression	Social Withdrawal	Severe Anxiety
Hallucinations	Suicidal Thoughts	Sleep & Appetite Changes
Confusion	Anger Outbursts	Severe Memory Loss
Loss of Interest	Personality Changes	Behavior Changes

Our Licensed Clinicians have advanced specialty training in senior care and will work collaboratively with your primary care physician to help you maintain your independence and thrive.



EL CONCILIO BEHAVIORAL HEALTH & RECOVERY CENTER

ACCESS POINT CENTER

445 N. SAN JOAQUIN ST.
STOCKTON, CA 95202
(209) 444-8910

STANISLAUS OFFICE

1314 H STREET
MODESTO, CA 95354
(209) 523-2860

SERVICES VARY, CALL FOR
ADDITIONAL INFORMATION.



RECOVERY IS POSSIBLE.

We strongly believe that recovery is a supportive process where clients can maximize their life and achieve a sense of balance and fulfillment, built on hope, empowerment, and spirituality.

If you or someone you know is experiencing a psychiatric emergency, either call 911, the San Joaquin County Warm-Line at (888) 468-9370, or go to the nearest emergency room.

EL CONCILIO BEHAVIORAL HEALTH & RECOVERY CENTER.

El Concilio Behavioral Health & Recovery Center is a department within the agency dedicated to serving and responding to the emotional, psychological, and behavioral needs of our clients.

The department is supported through funds and grants from San Joaquin County Behavioral Health Services, S.A.M.H.S.A Block Grant, Stanislaus County, and M.H.S.A, as well as through the generous support and donations from our corporate sponsors and people like you.

For a free evaluation, or information about our behavioral health outpatient services, please call us at (209) 444-8910.

El Concilio is a 501(c)(3), non-profit, community-based, multi-service agency empowering diverse communities in California's Central Valley.

To learn more about our many services and programs, go to our website www.ElConcilio.org or call (209) 644-2600. We're here when you need us.



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